

SPORTS NUTRITION: Ready, Set, Go



UNIVERSITY OF ILLINOIS URBANA-CHAMPAIGN

Name _____

County

JUDGES: Please identify a numerical score on a scale of 1-10 for each element on the sheet.

Judging Criteria	SCORE 1= needs improvement 10= exceeds criteria
Project Knowledge	
• General knowledge of project area (both physical fitness & nutrition)	
• Knowledge shown about activity part of exhibit	
• Knowledge shown about recipe/nutrition part of exhibit	
• Age appropriate for exhibitor & level	
Explanation of Project Exhibit	
• Ability to explain goal of project exhibit	
• Ability to explain decisions made or results shown	
• Self-evaluation of project, including time spent on project area	
• Skills learned and plans for continued study	
Exhibit Content	
• Emphasizes sound nutrition & fitness information	
• Accurate & adequate information provided on topic	
Exhibit Presentation	
• Neat appearance	
• Follows exhibit requirements	
• Presents information in an interesting way	
• Appropriate for general public audience	
TOTAL SCORE <i>(Points possible: 140)</i>	
COMMENTS	
AWARD RECEIVED <i>(if applicable)</i>	